

The philosophical attitude towards love is not called. If it appears to be to come it is because they are too attached to their emotional natures.

It is inevitable that, with the growth in philosophic understanding and practice, the affections grow larger & deeper too, while their visible demonstration becomes calmer and more equable. Since philosophy is more concerned with realities than with appearances, more concerned with being than with seemings, merely conventional responses in emotional speech and expected action seem less to its practitioners than the silent, inward existence of Love. - He doesn't feel any need to give continual evidence of what he feels in order to reassure the other person, who unconsciously fears that love may pass away at anytime. Nor does he want ~~to~~ to take possession of her as never to allow her to leave his side, and always holding her in a narrow, confining domesticity.

There are three levels of sexual drive; 1 - the animal where the attraction is to any of the opposite sex. 2 - the emotional, romantic drive when only certain types can allure - the love between 2 beings being about an emotional response. 3 - the highest ^{level}, where Intellectual, Moral, and Cultural affinity is the attraction. The highest aims of the sex must harmonize.

The intensification of physical living obsesses
 modern energies and intoxicates modern minds, ~~especially~~
~~American ones~~ it hardens the nerves and produces an
 insensitive materialism. It fills the atmosphere with
 unending strains. ~~When~~ added to the macerating
 wartime experiences through which so many millions of
 people have passed during this decade, ~~The~~ ^{resulting} traumas
 have inevitably produced a crop of unpleasant psychoses
 and tormenting neuroses, of unhappy mental disorientations
 and discouraging nervous exhaustions. Neurotic people are
 more plentiful ~~than~~ than at any previous time in human
 history. They are the inevitable by-product not only
 of ~~a~~ ^a devastating war, but also of ~~the~~ twentieth
 century machine-~~environments~~ ^{environments} and ~~the~~ ^{complicated} pressures of
 living. If serenity ever had any worth, surely it
 is today when violence, destruction, turmoil, change,
 chaos and flux heave their troubled waters? Life is
 now so agitated that there is real need for a remedy for
 war neuroses and peace anxieties, ^{FOR} an antidote to the
 unprecedented strains and ^H psychological stresses of the
 world crisis.

It is common enough to see the unrelaxed man hasten
 to accomplish his daily programs as soon as possible and
 remain ~~nervously~~ nervously tense until he has done so. It would

M E M O

Date: _____

TO:

(64) E Name this God power

in the midst of you; ~~and~~ This enables you to discover its nature. Suppose for a moment you discovered God is Love — and you made yourself One with God — you then could see only Love manifesting in your life + universe.

(65) When you begin to conceive that all matter is but the shadow of Spirit & you become one with the Spirit, you can perceive how it is that matter is then movable by spirit. Just as soon this at the moment this concept is achieved, it is lifted up above the law & is under spirit. A shadow must of necessity follow that which casts it, but does change the form & outline of itself.

FROM:

Aeronautical
Engineering
REVIEW

Insect

In a temple of Japan there are three shrines - in the outer court a golden bronze Buddha seated on a lotus. Near to him is the thousand-handed Kwan-on, the giver of all gifts. In the next room is a crystal Buddha seated on a golden lotus - a thing of infinite beauty & purity & then you are permitted, if you so desire, to enter the Holy of Holies - the inner Sanctuary. To see the Great Buddha. As you step over the circular doorway & approach the Shrine you suddenly perceive that you are looking at yourself, caught in a mirror which is set in the altar so at last you must pray to yourself.

~~See~~ See the difference between demonstrating one's fear, & looking to the face of God as Love? No few can demonstrate protection from fear, but in the Fatherhood degree there is nothing to fear, and nothing from which to be protected.

~~*66~~ ~~to~~ ~~the~~ ~~spirit~~ ~~of~~ ~~the~~ ~~gospel~~ ~~is~~ ~~not~~ ~~to~~ ~~be~~ ~~regarded~~ ~~as~~ ~~an~~ ~~end~~ ~~in~~ ~~itself~~ ~~but~~ ~~as~~ ~~a~~ ~~means~~ ~~to~~ ~~bring~~ ~~the~~ ~~individual~~ ~~to~~ ~~the~~ ~~point~~ ~~of~~ ~~conversion~~ ~~from~~ ~~the~~ ~~world~~ ~~to~~ ~~the~~ ~~church~~

PANTAEVUS 150 yrs. A. D. went
It is not difficult to understand when matter is handled, as the shadow of Spirit how it can be materialized by Spirit, instead of the reverse movement in which the unenlightened man feels & believes.

67 Jesus kept his feet solidly on the ground & at the same time knew that Heaven was here & known.

68 Seeking into the face of God the initiate dies & is instantly born again to the new state of consciousness.

69 So many metaphysicians use the Truth as a narcotic. They talk of and about it, listen to extravagant demonstrations, seek out a distorted, impossible, fantastic presentation of the Word of God, which induces reckless & imaginary well-being. At such orgies of "talking of & about" the Truth, they experience all the joys of the drug addict, but they too, eventually awake. Awake!

M E M O

Date: _____

TO: _____

(70) Man cannot take the Kingdom

Heaven by storm. Beyond our conscious thinking lies Heaven, but to attempt to take this by violence, or by any other way than prescribed by Christ is to experience a return to the former state.

(71) You may awaken from the dream in which you are merely talking of and about the Spirit, & know all results from this dream are merely imaginary & never really have a body or form. You may see you are using the Spirit as a mild narcotic — that it is a false God — unless you escape the hard & fast details of life. And this seeing is the beginning of wisdom. →

From then on you will begin the embodiment of this idea.

FROM: _____

**Aeronautical
Engineering
REVIEW**

(72) All the conversation of
Jesus is in the present tense.
All actual power is in the present tense.
All life is in the present
tense.

(73) Without recognition of the
presence & a complete disregard of
appearances it is impossible to move
into the new pattern.

* (74) Jesus knew that unless you
took the attention away
from the seemingly evil pattern of life,
you would continue to be kept in
manifestation by feeding it
just the very substance that had
brought it into being - i. e. conscious
thinking. The moment the attention
is taken away from conscious thinking
it begins to decline & weaken.

(75) Jesus knew this with authority
to eliminate the farcical life
evils built up true judging from
a clearance. "I have come not to
destroy but to fulfill."

M E M O

Date: _____

TO:

76 The Caterpillar is not

destroyed when it evolved into a butterfly - "ye must decrease, I must increase." As the attention is taken away from the patterns or parasites of belief the power is drawn away from them & absorbed into the new expression

77 God is not a great warrior battling evil, but a Revelator.

* 78 Realize that the Universe is on the pouring of your own Consciousness.

79 The things that eyes have not seen nor ears heard and that have just yet entered into the heart →

of man, are the things that are prepared for you: those that have been

FROM:

**Aeronautical
Engineering
REVIEW**

been, heard, & experienced already do not need any revelation.

A financier once said to me, "I don't see that making money is any great demonstration, the world is full of men who are daily engaged only in making money", yet I hear students of metaphysics all excited about having gained an extra five dollars. If they wanted to get forth the effort, they could gain the same end & perhaps more intelligently through work. There is something to be considered in this cold, conventional view of it all. You wasted no time with things that were already happening, he worked wholly in the spirit of bringing forth that which was apparently impossible.

(80) When we "expect" in the generally accepted sense of the word, it is merely a covering for a great doubt or fear that the thing will not come to pass.

M E M O

Date: _____

TO: (81) The Law of expectation

which accomplishes such startling results is that which has accepted the definite possibility of its expectation being fulfilled, and acted accordingly.

(82) A man cannot attain substance or prosperity when he is plodding along under the most intense poverty. He has not the capacity, even though he has the right to possess it. He must "be born again" - arrive at a new state of consciousness where prosperity is natural & normal, not a "demonstrated" thing.

(83) It is by accepting the Promises of God as real & true & disregarding the hangings of the senses that man begins the new birth process & enters into the new consciousness.

**Aeronautical
Engineering
REVIEW**

84) When you understand that it is quite natural for a fig tree to bear figs, you will see why Jesus (making himself as God) could not help but do the works of God. No miracle - but natural.

85) Your body is the outpouring of your consciousness. When consciousness changes, it will change.

86) "Leave all - & follow me" - means just that, no more or less - and if you are not ready to leave all - the all of your conscious thinking & "Follow me" you will keep trying to do the works of Christ while you have the unawakened dream body of the consciousness which know good & evil and which has a set of laws which will eventually defeat you. If it is possible in consciousness, it is possible to be body, but just as the caterpillar has to change its embodiment before it can fulfill the

M E M O

Date: _____

TO: Consciousness of flying as you

will have to change your embodiment of manifestation before you can accomplish the desires of your heart.

However the change which you, is not so drastic as the butterfly - it is a change within your consciousness.

Believe that that I AM able to do this? Understand that it is the Divinity within you and when you recognize its possibilities, no matter what the embodiment has been, it will change to the uttermost from necessity to accommodate the new consciousness into which you have entered.

(87) DO NOT try to ~~force~~ change the outside, nor trying to proge yourself from the relative plane.



FROM: _____

**Aeronautical
Engineering
REVIEW**

~~Remember that we are~~

88 You are not a material separate from God, but a being of pure spirit. Raphael: You are pure consciousness,

89 You are a King by the name of - I AM - but your self ~~is~~ recognize this.

90 Just as David Windsor is known to take his place as King, if he did not recognize this & take advantage of it, he would never have the Power of being King.

91 The more is one with the ocean - never for one instant separated - and just as One itself in the ocean, so man finds by - losing his life, he finds it, & by joining his life he loses it. When you lose your little personal sense of life, you find the One life.

92 Press your claim as child of the Living God! It means that there is no more personal effort to do or to be. It means the Father working as responsible & it means that the I AM are before John Smith & makes the way clear.

93 We have been hypnotized to the belief that we are the body. Now we can awaken to the fact that the

M E M O

Date: _____

TO: Power is going through us,

never the same, & always the same.
It is a constant change of
changeless Power coming into
manifestation.

(94) To know the Me - the I Am
and to identify yourself with this
is to experience the Life Eternal which
needs nothing. - problems.

(95) All sin is but ignorance of
Me - it is the conscious or unconscious
ignoring of My Presence, Me, your
Inner Self, your True Self &
the Real You.

(96) My (your) Self - will reveal
itself to you, but only after the desire
for it, some name has faded & you
are on the high-way of life.

(97) Jesus did not
use His Christ Power by
FROM: thinking so much especially of a work
manifestation of the creation, but by accepting

**Aeronautical
Engineering
REVIEW**

~~97~~ the good, the joy, & the power
As natural, easy & free.

98 Just as a smile transforms the
entire face of a person, so the recognition
of the Spirit will transform with all
ease & grace the difficulties of human
effort, & the entire life of a person.

99 Take off the corded robes of
personality, move, come & put on
the glorious shimmering robe of immortality.

100 I AM, I see, there is
everywhere - To recognize this
is to understand how you can reach
across the universe - I teach ME
in another big & cause that
being to take on the expanded sense of
death, happiness & property
that you formerly tried to make
happen by beseeching special favors
of Me.

101 If you once glimpse the All-Preence
in the All - now you will begin to see
that I AM not only here, there & everywhere
but I AM everything, & partake of the

M E M O

Date: _____

TO: nature of everything through this

Great Oneness. I AM everything
I ever judge; I AM ALL.

102 "Do not lose his life he
shall find it." If you lose the
personality, letting it be
swallowed up in the I AM
then will you lose also all the
Human Law pertaining to that
personality. All problems of that personality
will then be of no concern to
you, for they will cease to exist.
The personality is on the plane of cause
to effect. —

103 "You shall overcome death &
sorrow" before I was dead
Now (the way now) I AM alive.

104 Take away the
condemnation from you
FROM: words, bathed it
in the new light of Love
& Life. When you cease to look for guilt,

**Aeronautical
Engineering
REVIEW**

will cease to exist for you.

The gnana-samadhi
is got by taking intense
thought about the nature
of the real self as pure
consciousness, repeating it
constantly.

Real art is a search
for Reality, but when the
artist wallows in his ego -
his art is merely an end
in itself.

You have never
left the real "I" it alone was
art is.

never

Better than the
constant battling
against the different
activities of the ego is
to turn one's head
away from it altogether
and keep on regarding
the Atma alone. This is
the quickest path.

Essence of Vedanta is Love, nothing
injurious to others can arise
from him.

P. B. Bernard

The plan was given you by the Higher powers working through your subconscious mind under such conditions which appear to show that you are the one intended to execute it and to put it into practice. Another proof is the extraordinary difficulty I have had in trying to get the Plan communicated to me, since you first mentioned it. The way seems to have been blocked as if to indicate that it should not be taken away from you. Why don't you accept the responsibility for it and put it into practice without putting me into it, especially so-since as you say, I am so impractical.

(4) Your idea that the Russians would not trouble to take Australia or New Zealand, but would concentrate on the "....." alone, may or may not be correct, but you have forgotten to include Red China in your calculations. The Chinese are very bitter against the Australians for having rigidly excluded them from emigrating into their country and since there would be air bases in Australia and N.Z., from which China would be attacked, they could not afford to ignore it. Your statement that Argentina is not safer than Australia and N.Z. is also incorrect for the simple reason that Argentina is a neutral, whereas Australia is an ally of the U.S. and England.

(5) The Pacific islands are out. First, because of its low safety factor. The British are making atomic bomb experiments even now in Australia and the U.S. in the S. Pacific. With the increase of the power of the bombs every year, the fallout radiation danger areas are increasing even before the war starts.

Secondly, you have again failed to take Red China into account. It is close to this region to take an active interest in attacking these islands where the U.S. and British have bases. This, they must do since they know that they will themselves be attacked by planes coming from these bases.

Thirdly, by 1960 the Chinese will most probably be supplied with a number of atomic bombs by Russia for use in the Pacific theatre of war. This will create a fallout danger over many of the islands and certainly over Australia.

Fourthly, the living conditions before the crisis in most of the Pacific islands are no longer romantic and beautiful as they were 50 years ago.

As regards Ceylon, communist feeling is widespread. Shortly after Jacque left there, a new government of communistic sympathizer and anti-west feeling came into power. As regards Buddhistic countries being opposed to war, this is as theoretical as Christianity is. Both Burma and Siam have a record of being at war with each other.

As for India, the news of the last few months is full of Russian influence - money, technicians and agitators pouring into the country.

I would like to add that I have never told anyone in all the years that I was predicting the 3rd. war that at the time, I got the revelation about the -is coming war, I was told that the underprivileged masses of the materially backward Asiatic countries were destined by Karma to undergo a revolutionary reversal of their position. This has already happened in China and Tibet.

So then, India cannot avoid it. I never mentioned this fact before because I foresaw the hysterical feeling against communism which would develop in the U.S. and merely to make such a prediction would have endangered my position as a resident alien of the U.S. and could have led to being deported. I therefore, request you, should you mention this to anyone, to keep my name out of it and to treat these statements as strictly confidential.

Although you don't mention it, the Continent of Africa is ruled out as a refuge because in the North the Arabs are on the rampage and in the rest of the continent the black people are waiting for an explosive revenge on the whites.

We are left with no other choice than S.A. or the few islands nearest S.A. such as the Falkland Is. which are British and Easter Isles which is Chilean. In S.A. itself the Northern part including Columbia, Peru, and Brazil are too near the Panama Canal to be out of danger of fallout radiations should the canal be bombed as is likely.

This leaves only Chile, Uruguay and Argentinian, and I'm in the midst of collecting information about these three. However, I am hampered by the lack of on the spot first hand information which particularly concerns we questers. I'M pursuing inquiries where I go in Europe about the S.A. situation from every angle. In all this I'm having in view the needs of the penniless questers since I know that the moneyed ones can take care of themselves anyway. It seems that to get really accurate answers some quester must go there and make personal investigation. The results so far in all my searching are occasionally contradictory and sometimes disheartening, but we don't expect it to be smooth sailing all the way.

The reason why the decision about location has to be made next year is that as 1960 draws near, the world crisis may get sufficiently worse to force even the U.S. to introduce either financial controls, transfer of capital restrictions, currency controls, draft conscription extensions and curtailing freedom of personal movement. Naturally, it would be much pleasanter to just sit down and wait for 1960 and then decide, as the decision would then be more in accordance with the latest facts, but it might then be impossible to do anything at all.

Ha
*
I was delighted to hear once again of the old chestnut about ~~tying~~ tying the pieces of string together which I have heard so many times before and from so many various people. It never fails to amuse me each time. However, you must admit that in comparison with the terrible blows on the head that Milarepa received and which knocked him unconscious, your suffering while seated comfortably in a revolving chair for two hours tying the string, is much lighter a test.

You must also admit that having to spend \$1.20 going downtown while seated in a luxurious latest 1946 model taxi, to exchange a 10¢ article is also a little lighter a test than having to carry huge blocks of stone on the shoulders, blistering them, and rubbing the skin raw to build a cottage and then have to tear it down several times over.

Your reply to this letter may well be very important to your future and perhaps even to the future of other people.

We are not with no other choice of U.S. or low income countries
S.A. such as the Balkans is which are Britain and other like which
is difficult in S.A. itself the countries are including Colombia, Peru,
and Brazil are too near the Panama Canal to be out of danger relations
relations should the canal be bought as is likely.
This leaves only Chile, Uruguay and Argentina, and I'm in the midst of
collecting information about these three. However, I am hampered by the
lack of an good first hand information which particularly concerns
me because I'm pursuing inquiries there I go in Europe about the S.A.
situation from every angle. In all this I'm facing in view the needs
of the general public since I must first get really accurate answers
care of themselves anyway. It seems that to get really accurate answers
some deeper work to have and more personal investigation. The results
so far in all my searching are occasionally satisfactory and sometimes
disappointing, but we don't expect it to be much better all the way.
The reason for the decision about Argentina was to be made next year
is that in 1950 there were, the world's only but not entirely correct
colours even the U.S. to introduce other financial controls, transfer
of capital restrictions, currency controls, draft conscription extensions
and uncritical freedom of personal movement. Usually, it would be much
pleasant to just sit down and wait for 1950 and then decide, as had ac-
tion would then be more in accordance with the latest facts, but it
might turn be impossible to do anything at all.

I was delighted to hear once again of the old operators about
trying to find the pieces of string together which I have heard up many
times before and from so many various people. It never fails to amaze
me each time. However, you must admit that in comparison with the
terrible blows on the head that Wilbur received and which knocked him
unconscious, your suffering while seated comfortably in a revolving chair
for two hours while the string is much lighter a feat.
You must also admit that I never to spend \$1.00 going downtown while
seated in luxurious infant 1948 model taxi, to exchange a few words
is also a little lighter a feat than having to carry huge blocks of
stones on the shoulders, blistering them, and rubbing the skin raw to
build a cottage and then have to look down several times over.
Your reply to this letter may well be very important to your future
and perhaps even to the future of other people.

Women - Business Women
is always to do the gracious
thing; Business Department
should always remain slightly
formal no matter how long
the press are associated
Informality leads to injured
feeling thru misunderstanding.

NOTICE TO PATRONS

It is essential that your mail be
Mail for an individual connect
or organization and the room num

Mail for patrons in apartment
wing of the building in which th
person's name should appear as p

Mail not correctly addressed
Your cooperation will be eff
number.

GPO 85-61997

Shuji: The real and lasting way
to crush the ego is not a public
demonstration of debasing oneself
(like chomping lead) ~~that~~ which is
only a dramatic, emotional one,
and therefore born of emotion cannot
last, but there are ways of
crushing the ego silently throughout
the day and by going nichii onself.

"As a phase Tibetan Buddhist
study is brought for you."

#

Read: Yeats Brown - "Bengal Lancer."

XIX

Religion

P.B.

MEMORANDUM

If you keep your thoughts positive and have faith no matter what the outward circumstances appear to be that everything will work for your highest good.

You must do your part, however. //

The
Pontchartrain



New Orleans 12, La.

Faint, illegible handwriting, possibly bleed-through from the reverse side of the page.

Small, faint text or markings at the bottom of the page.

You can have intuitive
Awareness plus thoughts,
If thinking is done in the
light of intuitive
Awareness then you are
Creating and discovery.

If the thought is with
the powerful determination
to penetrate to Reality.


Did Jesus say "My God
My God, why hast thou forsaken
me."

Put yourself in the place of
someone who has achieved Jesus
consciousness. If he

The world is a
book - open to
all of them in their
ways of thinking
and feeling. The
heart is the library
of the soul. It is
the source of all
wisdom and knowledge
to be had in this
world. It is the
source of all
truth and beauty.
It is the source of
all life and love.
It is the source of
all hope and faith.

was achieved that state
I established himself in it.
he would never say this
because he never would
identify himself with his
body.

The Mahatma was
over heard during the
night to say "God, God,"
when he was suffering
from intense
agony. in an
agitated way

 He could not have
lost his awareness but
he was also aware of
the body if he lived in it.

The volume of the
to be published in
of the year 1880
to be published in
of the year 1880

1880
The volume of the
to be published in
of the year 1880
to be published in
of the year 1880

1880
The volume of the
to be published in
of the year 1880
to be published in
of the year 1880

When you awaken you
will instinctively feel what
to meditate upon.

If this does not happen
revert to previous night's meditation,
or as this to meditate upon—
"I have all my activities
of this coming day, I will
remain ever mindful of the
Calm, strong, Overself.
I will not identify
myself with ego alone
but only with the ego as
a clear channel for the
Overself."

Will understand your letter
to indicate your

of the bar

of the bar
of the bar

of the bar
of the bar

of the bar
of the bar

of the bar

Within Yourself means
Outside the physical body
or world - it means

within your mind or near
you, feeling his presence
with higher intuitions or
by the heart which means feeling.

- Not within the physical
body but outside it.

The Mahoudees self
irony & point of view
was to ignore the body.
This extreme forced him
to be aware of the body,

Jesus crucifixion on
the cross, 'he asked to go
pau on this mission,

They are interpellations
"Why has thou"

These words were
written down by memory.
The people were already
dividing into sects. Then

The thickness of
the paper is about
the same as the
paper used in the
book. The paper is
of a fine quality
and is very smooth
and white. The
color is a light
cream. The paper
is very strong and
durable. It is
very easy to write
on and is very
pleasant to read.
The paper is very
smooth and is
very white. The
color is a light
cream. The paper
is very strong and
durable. It is
very easy to write
on and is very
pleasant to read.

The identification with
the Overself being mental
will also give rise to
questions.



All efforts of the ego to
identify itself with the
Overself will eventually
give rise to Grace.

But realize that it is only
another thought when identify-
ing with Overself and is
not ~~the~~ ^{awareness} itself.

Seek the power of
overcoming self + let it be
alone. P.B.

The first part of the
the second part of the
the third part of the
the fourth part of the



the fifth part of the
the sixth part of the
the seventh part of the
the eighth part of the
the ninth part of the
the tenth part of the
the eleventh part of the
the twelfth part of the
the thirteenth part of the
the fourteenth part of the
the fifteenth part of the
the sixteenth part of the
the seventeenth part of the
the eighteenth part of the
the nineteenth part of the
the twentieth part of the

Young was a very unhappy
man. He always was dissatisfied
with his life and that he had
not achieved the fame he wanted.

He was very famous but not
enough for him. He was very
introverted but after a few days
alone he wanted to return to
society and have all his ideas
accepted. His life proved to
me that just by being a
great psychiatrist one does
not find happiness. We

Should not be looking
for permanent happiness but
rather for acceptance of
ourselves + the joy + pain of
life.

When he becomes a sage, he
awakens from the dream of this
world.

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Date | Serial No. | Dept. No. | Trans. | Clerk | Amount

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request with this receipt within 10 days.

"I have given everyone the only
message I have. — "Look within.
There are Buddha, Christ, Islam, God".
Let them look to themselves, not me.

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6 lbs.

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31¢

SHURFINE

ORANGE JUICE

46 oz. can.

34¢

SHURFINE

MAYONNAISE

Pt. jar

33¢

SWANSON'S

BONED CHICKEN

5 oz. tin

43¢

CHITNEY

IVORY

WEDNESDAY

3

MARCH

(1958)

63rd
Day303 Days
to come

St. Raphael - "True
 inspiration, (not just
 emotional inspiration)
 which the genuine artist
 experiences comes from the
 Overself. The world of
 harmony & beauty he
 experiences is very close
 to God - It is not
 illumination, however,
 but if it is recognized
 as a small bit of
 God consciousness ^{only} then
 there is no danger of being
 of deception that this is
 the ultimate as many artists
 feel, therefore, make art

THURSDAY

4

MARCH

64th Day

302 Days
to come

their God. Recognize
its true value, limited
in comparison with
full illumination +
use it to uplift the
self + glorify it.

Mail - after being
removed from the
commonplace to the heights
then complete the circle
by injecting the common-
place with the inspiration.
This is balance - completion
Then offer all
to God -
"Raphael" When you are

FRIDAY

5

MARCH

65th Day

301 Days
to come

expressing yourself thru
your music - it is good -
this is your work."

Neil - when this happens no
longer Roy "Who am I"
my place & identity is
on it's way to being
gone - although always
there will be growth
aspiration toward the
ultimate nichin vie.

Bohr - "The inner
is conditioned by the outer
except in the time of great

SATURDAY

6

MARCH

66th
Day300 Days
to come

crisis when the inner
 rushes through. Mrs. Lehman
 is inspiring the technique
 of ~~your~~ into the art of
 expression. Opening
 doors to yourself
 expression, your inner
 word of inspiration

↓

R. "You must develop
 calmness, mastery of
 your emotions →
 Every negative emotion
 controlled. See them for
 what they are & remain
 calm - detached.

Esunji of Morbashed: " He was ^{or formerly} individually a kind man
but when at work in ^{the} team he said
it was ^{his} ~~work~~ ^{to} do & he could only
witness it.

* Esunji: we get nothing ^{permanently} without struggle &
plain hard work.

Handwritten notes on lined paper, including a vertical red margin line on the left and a vertical red margin line on the right. The text is extremely faint and illegible, appearing to be bleed-through from the reverse side of the page. Some faint words like "The" and "of" are visible.

Surinji - Dec. 15th,

From a philosophical
point of view one should
eat raw food, most fruits
as they leave the body
light and the mind alert
and free for concentration
instead of dull and heavy.
One should not eat
heavy food or too much
of any food.

Journal - Dec 1881

... ..
... ..
... ..
... ..
... ..
... ..
... ..
... ..

... ..
... ..

VI

of

Raphael: "When you are young + immature you live in imagination + emotion and therefore your ideas of love + marriage are lacking in reason, or reason is controlled by these others. When people continue to live in these they develop neurotic self-pity for "what could have been".

"Having lovers is not wanting love, or being attended to by them is not love, it is only the vanity of a woman wanting to be admired and the passion of a man wanting fulfillment. This is not love."

"You desire to love and to be loved."

"There are times when I have to be alone when carrying out my mission (as messenger) but then when my time is my own I want you to be with me."

Courage, cheerfulness, fearlessness

God bless you
 at this Christmastide
 And keep you in His care,
 And may He guide you
 with His love
 Always and everywhere--
 God give you every Christmas joy
 That comes from heaven above,
 And may He always bless your life
 With His unending love.

"The school with winter-come" The Kingdom
 of Heaven is within you. But the gift of
 contains this with the thing & each thing
 "The Kingdom etc. But you must
 overcome the water, grounds to their
 effect on the mind & feel it."

People
 like I
 are looking
 for mystical
 experiences.
 They don't realize
 that an experience
 is a beginning
 so it must be free
 have an ending.

The only way to
 have God's
 knowledge is to
 find it through
 training the intellect

It is only love
 that can guide you
 through the
 maze of the
 world. It is the
 only thing that
 is not temporary.

(1) The student should seek the Highest within, as as to realize it constantly and also seek the highest in the world -- so as to have a channel to express the high realization.

(2) You cannot blame a person for what he does; when his inner faculties have not yet awakened and possessed him. He is only doing what he can. Never criticize.

(3) Do not force the experience of Illumination. This comes only by Grace, and forcing will only make one maladjusted and unbalanced. Your part is to make the ego into its highest expression, its most positive and purified self. The Higher Power can then manifest through Grace, when the time is right. Through purification one removes the obstacles which block out the Overseer.

(4) If you desire to grow spiritually it means a crucifixion of the emotions and the ego. It is very difficult and painful to acquire this growth. It is a slow process. Although P.B. had a Guru, he had to learn his lessons alone and the hard slow way. The Guru pointed the way for him but he had to walk it alone.

(5) The world has to undergo another war. Nature teaches sometimes by violence. She is not sentimental. The good will suffer with the bad ~~but~~ because of their ignorance. Man must wake up. He must grow. There is a three-fold evolution going on: physical, mental, and spiritual. We suffer through separately) and because of our ignorance.

We are not here on this planet for our enjoyment or happiness, but for the purpose of growth in all three of these evolutions. (you are not here for Boga, but for Yoga!)

(6) Each form of evolution must go on, despite our personal feelings or thoughts. Therefore, the plan behind the world has already mapped out our course of growth and we cannot stop it.

(7) The student should live each day alone, doing his duty as it arises and accepting its responsibilities. Leave the future to the Higher Power. Live each day by the spiritual principles you have learned and then balance will follow in your character. The neurotic is moving only in his own small world, concerned only with his feelings--(desires). He is centered in his own little self. To be released from this prison of selfishness, he must be interested in others and try to help them in any way he is equipped to do so. And very important is a time set aside each day for meditation. This will greatly balance and center the student in the Real Self.

(8) 0

Dr. PAUL BRUNTON

Box 34, Cooper Station, New York 3, U.S.A.

Your letter was carefully read and sympathetically thought over. Please accept my assurance of good wishes for your inner welfare.

Will you please pardon the enforced delay in answering you? It is no longer possible for me to engage in regular correspondence because of the heavy pressure of work, the absence of a permanent home, the lack of a secretary and the frequency of travel.

Try to detach yourself little by little from the negative personal emotions and to correct the faults and weaknesses of the ego as situations arise to point them out. Counterbalance the strain of these efforts by relaxing briefly but frequently into the contented remembrance that underneath the ego your real Self is always there - serene, wise, strong and divine. In this way you will create good conditions for your further progress.

(8) One must not act, live, or think in sentimentality and feeling. Not be motivated by emotions primarily but by reason. (which is in its highest form, made up of true feeling, rightness, in clearly seeking the right thing to do for all concerned. In this pure form of reasoning which is motivated by complete unselfishness, egolessness -- because it is detached from the personal, selfish little personality, Therefore, one can truly be rational, mature and balanced.

(9) Buddha said: "Watch ~~what~~ you think, say and do: --for that is karma -- each moment you make the next

(10) The selfish or self-centered person thinks ~~only~~ of his duty to himself --thinks only of satisfying his own wants first of all, not caring if he takes from others or harms them. The next higher type thinks next of his immediate family only. But the highest type of all gives equal regard to himself, to his family, and to whom ever crosses his path and to the world at large. Further, the highest spiritual being identifies himself equally with everyone and feels no difference between himself and all others. One should never satisfy his desires by taking away from or by harming another. Each person is entitled to be much according to his individual position and rights but no more. And must be as liberal to others as he is to himself.

(11) A good thing to remember at all times, is Harmlessness, -- towards all creatures in thought, word and action. One should not live for oneself alone, but to perform his duty to other beings. This is unselfishness.

(12) Emotion is self-centered. Even the highest emotions are still centered in the self--but feeling can be unselfish.

(13) When dealing with complex personal situations, one should detach oneself and follow intuition instead of emotion. Then it will be solved rightly. In each unpleasant relationship, we will not be free of it karmically until we have mentally freed ourselves from all negative thoughts and acts concerning it. We must adjust ourselves to it, therefore overcoming it. Then we are no longer karmically duty bound, but are free. Then other outer karmic forces will free us or we may be guided inwardly as to how to free ourselves outwardly.

(14) Learn to identify yourself with others.

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(16) Creative activity is the highest form of activity and is the closest the ego can come to directly by its own will, to the Higher Self. In its deeper state of concentration, the creative faculty can touch the highest. ~~It~~ ^{It} should be cultivated and developed as a great aid to ~~the~~ spiritual growth.

(17) Life is a preparation for death, just as death is a preparation for life.

(18) One must develop wisdom, self-discipline and self-control in this life, for if he does not, he will suffer greatly after death. He will be full of physical appetites and he will have not body to satisfy them with. Whereas with wisdom and disciplined body and emotions he will find a relatively easy adjustment.

(19) Self control in your greatest friend.

(20) Every neurotic P.B. has known says and does the same things: "I am going to do etc. etc." Never do they do anything— always will do great things in the future. This is the story of their life, going to do such wonderful things, instead of doing them.

(21) Impulsiveness in itself can be a great help to moving quickly to your goal, but by itself, without the check and balance of other development, it becomes fanaticism and is harmful. Practical qualities must be developed first of all.

(22) When you are in contact with the Overself in solving a problem, you ~~are~~ receive a direct command as to what to do, and you then know it is right. Whereas, if you are not in contact with the Overself, but only being carried along through karma, then you are swinging back and forth, with emotion, but the outcome is the same.

of a Belongingness to the
universe in relation to the
universe as a whole. If it is
not in contact with the
Overself, then you are swinging
back and forth, with emotion,
but the outcome is the same.

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April 22nd:

Henry: "The Indians
have said that the
dislike phases have
been developed extensively
& have achieved maturity
before coming to the surface & be
should not be troubled with
infinite emotions & complex.
Henry is a good example of
maturity. If the dislike do
not have this development they
are not ready for the theme."
11

Depression is only a
emotional state (negative).
It can be controlled &
fully destroyed.
#



GEOFFREY WATKINS

Res: 40 Stanford Road, Kensington Court W. 8, London
Bus: 21 Cecil Court, Charing Cross Road, London

"Emerson: Most people think
only once or twice a day, I
think hundreds times, that make
me a genius."

Benji: "Usually no thought process
goes on before people speak, they
just babble on with bits of
sounds which they have heard others
speak. You do not have to think
to live in the world, but to grow
out of it you must learn to think."

Neil: "This is what happened to
me two weeks ago on New York
arrival. I was thinking constantly,
and thus lived in hyper-intellectual
being, out of emotional state.
That is why Jesus is so
stimulating. He is a thinker.
Now ^{guard} ~~watch~~ the speech, use
thought process before speaking. Be
conscious and aware of each
moment as it passes."

Harizi Before my first illumination
I did breathing & physical
exercises each morning. The
body is important. It is our
only means of understanding.
We must rise up to higher
planes than the body.

Opportunities only come once.
Dealing gives you them and you
must realize their importance.
Expect, & freeze out all you
can while the opportunity exists,
so that when it goes you
can have something from it to
carry you on. (Time with Harizi)



You cannot blame
a person for what
he does; unless his
inner faculties have
not awakened +
possessed him. He is
doing only what he can.
Do not think of
it ~~as~~
never criticize it.



Your account shows
a balance for what
he has; when this
more favorable price
and amount of
of which the
himself will be
to the bank of
at
reference of

Do not force the Royal
experience. This comes
by Grace, and forcing will
only make one maladjusted &
is balanced.

Your goal is to make the
ego its highest most positive
pure self. ~~and~~ The Higher
Power can then manifest through
Grace, when the time is right,

By purification the
removes the obstacles which block
out the One self.

Dear Mr. [Name]
I have [unclear] [unclear]
[unclear] [unclear] [unclear] [unclear]
[unclear] [unclear] [unclear] [unclear]
[unclear] [unclear] [unclear] [unclear]

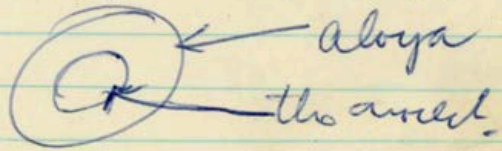
Very best to [unclear]
[unclear] [unclear] [unclear] [unclear]
[unclear] [unclear] [unclear] [unclear]
[unclear] [unclear] [unclear] [unclear]
[unclear] [unclear] [unclear] [unclear]

Yours truly
[unclear] [unclear] [unclear] [unclear]
[unclear] [unclear] [unclear] [unclear]
[unclear] [unclear] [unclear] [unclear]

~~One~~ The student should seek the highest within, so as to realize it constantly and also seek the highest in the world - so as to have a channel to express the high realizations.



P. B. told me this when he said "The real attainment and adjustment of the individual is the circle within the circle"



The student of
the largest library
to every department
also read the book in
the
used - on a table
shown to appear the
of



It is the
the
the
the
the
the
the
the
the
the

Walden: "My talent was for writing - no matter
what I wrote, I was creating - although the
subject matter of spiritual things caught my heart &
saw up in the spirituality."

... as a course of ...
... you must be on guard - all through the day -
... level of consciousness on highest adult level.
... let it slip from you - if so, for a second,
... fight back to self. ... first to ...

F. B. & C.

NO. 1210121878 FOR GOOD2 FEEL OAKS 30 DVA2

You are given great leniency on the Quest's side, but after a certain length of time you are taken away from your own selfish desires & made to pay heed again to Quest.

Joquist D. had better not go to for in their pleasure life or his luck may change.

The trouble is when heart are made to leave formally the Q like I mentioned they throw everything away. They have to leave the Quest ~~completely~~ ^{only partially} to assume new experiences to learn, but they do not realize that everything is the Quest.

ALL THE WAY TO BOWLING

ABLE LAUNDROMAT

DRY CLEANING AND LAUNDRY

1137 NO. VERMONT AVE.

HOLLYWOOD, CALIF.

Olympia 8951

4829

5/10

1955

NAME

Young

ADDRESS

N04-5961

SPECIAL

MON.

TUE.

WED.

THUR.

FRI.

SAT.

2 jackets						98
1 black shirt						49
(mildew treatment						147
no more than						5
double						152
Mildew removal						75
						<u>527</u>

NOT RESPONSIBLE FOR GOODS LEFT OVER 30 DAYS

MOORE BUSINESS FORMS, INC., PACIFIC DIV.

⇒ Cultivate Calmness
and self-control to be
always happy - Roshni

M. GEMSCH
Zellwegerhaus
Trogen/App. Switzerland
11. Nov. 1954

*Rustico e quieto m
alla strada bianca
O Convento dai g*

Ed. Abresch f. - \$

Telegrams & Telephone,
Tillichan 202.

Miroran,
Isle of Mull,
by Oban.

22/11/56.

Dear Mrs. East,

Many thanks for your letter of
18th November saying that P.B. ~~is~~ is
in this country. I had actually heard
that he was here from Mr. Watkins
when I was in London recently, but
I thought that he was probably on one
of his very lightning visits and I did
not want to use up his valuable
time. I gather from your letter that
P.B. will be here for some time

is when the 2 best poles
come into,

1. Analyze feelings

2. Find out honestly where
is it that I am judging the
whole situation falsely. What
is locking in you, what have you done,

3. Only happiness is to serve
fallen things.

4. Prayer to know to have
you know the Divine Will.
For understanding.

5. Prayers for miracles cannot
be heard, but to pray not to have
fallen things - to be kind and not egotistic.

Seeing your neighbor as
yourself is the highest intellectual
way in which you can act.

Intellect is a neutral organ.

When you use it is a high or
low way it will rest in
that particular way.

You have to gain a
certain stage of development
before you can gain intelligence
in your emotional life.

Oriental Intuition

↓ based on feeling appeals
to devotion. The only real
intuition is the organ which

Sarwa W.
2600 Sugarore
Canyon Road.

Woodland
9-0973

Masson

2371 East
Pine Oak Drive
Ja 28

Hollywood:

4-8540

Concord
Mr. & Mrs. Masson

The self becomes polarized
in the light that emerges in the universe
is the center of each individual
universe, & from that center life
proceeds.

In polarization is the only strength.
(When the "I" becomes too pronounced
(realize this great truth))

~~Dr.~~
~~HARDY, Tabernacle~~
~~70 Wimpole St. W.I. LONDON~~

~~gave me vaccination~~
~~certificate~~

① We can repay God
for all his gifts to us
by being happy. This is
the expression of our gratitude
to Him.

manipulate our parameters
until they seem impossible
to cope with. Focus
them - do something about
them - action always -
what soon does appear,

each practice of Za Zen I shall join you. I shall be you. The two blend into one entity. The form shall take form temporarily, for the benefit of those who dwell in the world of the seen. In that state of Za Zen and to that being who shall come into this form for that time, the name of Healani is to be given, for it applies to the new one who is born out of this union.

Healani appears to give Grace. Five ways shall his grace be manifest. In the first way, there shall be healing, whether of mind or body, feelings or thoughts. In body the sickness and disease, in mind the pressure and tension, in feeling, the lusts and the illness making negatives, and in thought, the errors and the imbalances. In the second way of Grace, the spoken word shall be used as the channel. In the fourth way of Grace the written word shall be the channel. Whether written by Healani's own hand or by his scribe's hand upon a type machine or whether printed in journal or book. In the fifth way of Grace there shall be nothing used that will reach any of the five senses of the body. There shall be no outward acts by Healani other than the simple sitting on the part of those who are to receive, in relaxed silence.

From this Christmas eve to the last day of this holy period which ends with Easter, Healani will inscribe the message of the new book through P.B. Therefore, this message will be brought to an end at Easter, not before, and not later. For that work P.B. must withdraw from all other work, and must isolate himself still more and must postpone the other necessary activities until the writing down of the message is finished.

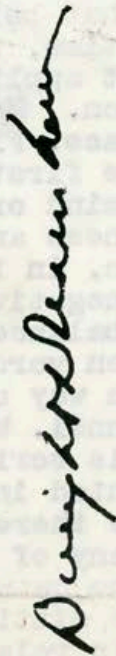
It will be needful to have two sessions of meditation each day. The first to open the day, the second to close it. Whether the sessions be short or long, according to the conditions and circumstances of each particular day, they must be held.

After the work of writing the new book is at an end, a fresh cycle covering the next few years will open for Healani, and for his servant P.B. This will be concerned with the selection and the preparation of those who are to be brought into the shelter, and also for the preparation of the shelter itself.

that in a democracy we stand by those who fight with us to resist Communist aggression. I attach the greatest importance to the work of the American-Korean Foundation, for it is serving our national interest. You can confidently count on my support.

My best wishes to all of you for a successful campaign.

Sincerely,



Dr. Howard A. Rusk
President

The American-Korean Foundation
345 East 46th Street
New York 17, New York

Death State

Actual words are come as individual imagines them to be.

Death does not change attitudes and beliefs.

We of the higher spiritual domains and feel great joy and peace but are unable to perceive the greatness as long as we are so unevolved.

(Animals have paradise. One that have been killed hours before going to paradise)

When meeting higher intelligence within the domain of wisdom they we see vast reactions that will only be able to grasp what their development allows.

(Take your Dog for a walk - you see the same things but do not experience the same things.)

2.

(There they realize that the physical plane is important to their development)

There is no suffering, pain or worries on this great spiritual plane. All will experience as much light as this development allows.

There are great differences on the spiritual plane in the individuals.

The most advanced beings on this planet will come into contact with the highest being in the spiritual world.

Bad conscience is and effect of c knowledge.

The opening human consciousness into the human being wants not to grow until

Suffering and the
physical plane should be
welcomed because it gives
you an opportunity to
learn and grow. Every
experience should be welcomed
as a gift to you by God.

When the mind is
constantly dwelling on
spiritual things the more
lengths (aspirations) will
come in contact with
great spiritual beings
who will help them.
When the mind dwells
on the good it sends out
great waves of spirit.

Peace - Shanti

Umm Ramona

Umm

Peace Shanti - Peace

Shanti - Peace, Peace,

Peace, Peace, Peace,

Peace:

PEACE PEACE

Shanti

PEACE - Shanti

Future

After centuries
of darkness man
will have a
revelation of light -
In 3,000 years we
will have the revelation
of the real human
being.

And scientific
and intellectual man
to come illumination
Set all your daily
life come into accordance
with the great divine
Laws. After doing

2

this for a certain
period it will be
come automatic;

This may illuminate
will not because
it is perfect and

respects. The

~~people who are now~~
people who are now

and studying spiritual
science will in

3,000 yrs. be governing
the planet. They have

come into the first
stage or first step

to civilization

W.

All suffering is
 a consequence of
 going against the
 law. You might
 though be spared
 by great darkness and
 suffering we will
 experience great light
 for we will be freed
 to live according
 to divine law.

"You might
 is the only way to
 have a happy
 marriage."

4

through this ^A
knowledge - the world
can experience these
laws,

The intention of
reincarnation is
to take the ones from
the spiritual plane
to the physical in
order to teach
them this rule.
It is to teach them
to think logically.
It cannot be learned
on the spiritual plane

5.

The intention of
is to come us back
again to gain of health
is to master the
physical material and
them, but only to
destroy, but being
happiness and joy
to everyone, when
the spirit has in
the image of God
then reincarnation
will be. They
will be able to
go into the pure

6

spiritual glories,
If you cannot
master the material
glories you cannot
be in the spiritual.

On the spiritual
glories thought has
complete mastery,
On the physical it
has not, In the
same way as a
child has to master
his tongue in order
to speak, so you must

2

Master the matter
in the physical plane
~~the matter~~ you
thought before you
are ready for the
spiritual plane.
When coming into
the physical plane if
you want to
master matter, you
must master through
logic. Only if
bodied logically.

8.

Even "you" is
garbed in matter,
and must be treated
by you logically -
This body is constituted
by tiny living beings,
and even you are not
to your body illegally
they will tell you
things again. In
the spiritual world
the only suffering
you get is by thinking
~~to that~~ that we
are getting our thoughts

9.

And actions in
order that by the
time we arrive at
the spiritual world
we will be thoroughly
trained to act in
accordance with the
Divine Law, therefore
no physical jobs
like a hospital laboratory
where the things are
put out given free
will, and then
appreciating the
results.

10

through every
thought there will
be a reaction,
then being will
begin to realize
the difference between
the evil and good
that comes as an
after effect of the
thinking.

Through these
results, there will
begin to arise in
the being a consci-
ousness. You may observe

the first beginning
 in the plant itself
 as it reacts to heat
 and cold, light and
 darkness, it will
 cause many effects
 in the plant. Then the
 millions of years you
 see the development in
 the plant. Then on
 to the animal, then
 human.

Thus rocking in
 the mind is God
 awakening consciousness
 in the tree. By the
 constant disturbance

12.

The Fine Will Plot
to be seen & see (later
in course used)

Through the effects
on day and night in
the plot, originates
sleeping.

Then the shifting
of summer and
winter (the leaves
are falling, and plot
is dead the circle
and some arise in spring)

This is how reinvigoration
comes about, in full
detail to plot used

The trunk and
 roots do not die ^{so quickly},
 sometimes live for
 years, but will
 eventually die and
 decay come into the
 world. After this
 ages or for millions
 of years the animal
 comes. Then death &
 life comes. Time in
 the physical part in
 the spiritual world,
 when plant ages
 (will develop)
 into animal world, then
 they have come into the

The Laboratory of
 life and we are able to
 do as the most to,
 as long as the being
 is in the animal
 state it lives by its
 instincts, and also
 does not smoke tobacco,
 or drink alcohol etc.

In the present day
 the civilization is
 approaching a time
 when the world will stagnate
 and bring greater suffering

to humanity,
 while humanity is
 able to destroy cities,
 they are unacquainted
 with their, thoughts,
 sickness. They are
 not logical, they
 consider it logical
 to play over that
 they do not agree
 with or think that
 they are causing
 the suffering instead
 of themselves, such
 a thing is

(15)

Not be able to
experience on
the spiritual plane,
how people want
a peaceful world.
They are still
ill oiled, and cannot
stop war by war,
Law Peace
Peace Peace

The worst mistake
of humanity is to think
they can make peace
through war.

As long as you need
you to be in order
you have no real
peace.

Now mankind is
making a great
mistake, by taking the
forces of nature in order
to force people under
their will. Even
now people are
understanding that there
is inside the being.
It must not be that
it is the "The Kingdom
of heaven is within
you."

(17.)

It is this mental
attitude which must
be established
scientifically. Within
Science now is a greatly
developed intelligence
within the last 100
years great progress
made. This modern science
has enabled us to press
a button and turn on
lights and flying in
airplanes in great
numbers.

Monksid has gained
 a great deal and
 nature by intelligence
 but of themselves, or
 their real I - they
 have only consciousness
 of an animal. On
 the physical plane and
 have a great ability
 to think logically.
 Science understands
 what is outside the
 human, but not inside.

Human beings have an
 immense knowledge on
 the physical plane, but
 the psychic consciousness
 is still that of an
 Animal.

Whenever people have
 disagreements between
 each other, they are
 just the same as an animal
 but can use bombs, guns,

It is the consciousness
 of the Animal which
 is applying the intelligence

20.

of the human being.
This is bringing
forth the day of judgment
near when they will
learn that by Grace
they will do no good.
The intention of
spiritual science is
to let mankind
water inside as
well as dine
outside.

21.

The work is over
now to one will
it elaborate I pretend
Irene greatly.

Now as you are
able to look back
and see how things
are happening, now
you will be able
to look into the future
and see what is going

to happen.

On the Day of

Judgment" "they" &

reporters "got

to hold" Before

groups of countries

against each other -

now only two forces

standing against

in another.

Sheep + sticks

in both elements.

23

or element will
want to promote
culture & law -
one will want to
kill and destroy.

Two principles -

One is force - kill all
who oppose each other
others. All people
who have opinions
over limits of the
rulers will be killed
for they oppose the
force.

Once Dictatorship
 was a thing principal
 when people were
 not developed. At
 that time it was in
 favor of humanity.
 They had to be led
 by the religious govern-
 or that time the feet
 were kind to be a
 religious judge and
 feet protected by
 him. Once the
 provinces of Egypt

(25)

had an initiation
which enabled them to
lead the people. The
mass had no development
intellectually. As would
follow blindly and were
happy. In the course
of time they began to develop
intellectually, then began
to incarnate in kings
mentally unfit and
prodigious. Thereby
developed tyrants and
culture began to sink.

26

Then people began to
rule themselves. Part
of his plan to
wake people up.
Today the king is
degraded so that
he has no real
power. He just says
to the people. Leader
government is not part
of the Divine Plan
for humanity. This
kind of government can

27.

They come from people
who are egoistic,
selfish & ambitious,
They were here
entitled by deed to
be rulers. They always
fall because they are
working against all
the principles of the
Chinese against their
own country's
needs to govern.

28

themselves. This
principal of destruction
is a great evil.
We have passed this
long ago in evolution.
The principal of
the "spots" (dictated)
will destroy itself.
The other principal
will of Democracy
containing ourselves, self.

Inside Democracy
you are able to turn
away the order if
he is an efficient.
All the intellectuals
can use their abilities
to choose which way to
go. There is always
room for development.
Democracy is only in
its just beginning.
It is far from perfection.

30.

It is because of
its "Child Diseases"
of Democracy.
Its laboring has exalted
itself.

Two Principles
are joining each
other, and will
be a great bar
between them, and
Democracy will be
victorious. Then
there will only

be one ⁽³¹⁾ power in
the world, After
this war when the
Sheep rule, will come
the United States of
the World.

The ~~last~~ world
war - all the fleets
will become a
police force inside
the world state and
but some of them
want to be small

32,

When the police
will put it down.

Only in the
beginning will they
need police -

Now every one
agrees - All the
valuable, mind
water will belong
to everyone.

The principal
of money will be

The real values
will be found
in man's ability
to improve things.

The greatest thing
will be given to all
children teaching and
education to help
them to go to the
extent they can in this
incarnation.

There will
also be those

on the religious &
political field.
Because all of
the arguments are
covered by not
denying to them.

All this takes
gradual development.
When spiritual science
is known -
people will know -
where it is, how many say
they want it is good
they want need religion
all religion
degrees

any more. All of these
mountains & gorges are
like mountain streams
flowing down to the
ocean. ^(Gorges) They are all
pecking for the girth.
They are flowing
nearly through the
girth. When being
reached the Ocean
they have all come
together and there are
no more more any more.
Individuals are all

36

preaching for God
in different ways.

In the New World
state the whole social
order will be altered,
until now we have
developed machines very
fast. Then humanity will
have all its material demands
fulfilled. Then arts
will be just as much
needed as mechanical
work. ~~It is a~~
en -

many ³⁷ spirit
world that belong
to the earth -

gradually
the curse of
child birth will
~~disappear~~
people will naturally

The beginning of the
new social order has
started today, when
no war there are
so many unemployed
people in the world.
It shows that
justice have much

more leisure time
 and work is no longer
 a curse. The only
 way to stop work is
 war.

War will be overcome.
 But the thing that will
 not be overcome is un-
 employment. Un-
 employment will
 always be on the increase.
 Unemployment will
 transform the whole
 social order of this
 world.

39

When perfect peace
has been attained it
will be simple to
cover demand. Now
all private interest
is struggling against
each other. (Now
we are robbing economically)
Private interest will
disappear. Only try to develop
your abilities to the highest
degree. Only difference
will be in spiritual
development

40.

When differences in talent
will then create
jealousy, because all
material needs are
supplied.

Everyone will be able
to obtain what you want.
Then the government will
be able to find out by
great purchases what
the demand is.

Principal of trade
today is to get a great

411

As possible but
give as little -
Then the values
equalled on both
sides. And each one
will be going in
the way which they
like best to do. No one
will be forced to do
anything. Will be
placed where he likes
to be.

(42)
No profit in World
State! No money!

you get a coin if
you ring as many hours
as it took to make it.

Now people are forced
to do things that they
don't like to do.

In future you will
do what you like
to do.

All people will be
well-off —

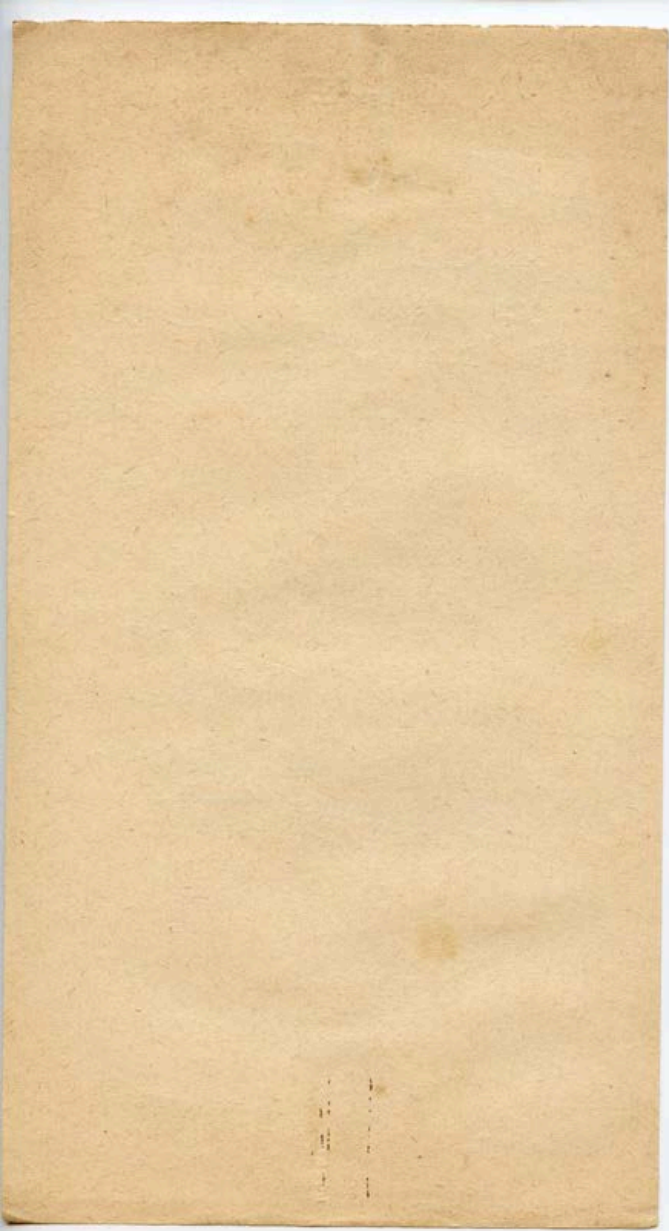
Every thing will be
 of the ~~best~~ best.

Now firms are selling
 bad materials of
 inferior quality so the
 Govt sell new things
 soon.

As soon as you have
 learned what you
 should then Karno
 has no more force.
 Before only by
 attention to the field

(1/4)

but now this knowledge
has come to the south
and everyone can
learn for himself
how to find the
eventually valuable
his name. Now you can
learn that the intellect
ad give to D. ad.



I

leaving animal food will
 go to vegetables and plants.
 But development will go
 further to fruits - this is
 killing. The last condition
 will go to that condition
 ripe fruits. We never it
 seeds, nuts, grain, the
 fruit with roots and
 leaves. Only thing left
 will be the part of
 fruit around the kernels.
Evangelina Brunton

Some are vegetarians
 for purely selfish
 reasons of fanatic
 extremes.

Science has not yet found
 what happens to the food
 being digested.

When you eat
 potatoes etc., now after
 eating the stomach
 juices will kill it.

Nourishment is not
 a physical thing. The
 psychic force behind
 the front which goes
 into the blood.

That part which
 cannot be killed by
 the digestive juices
 in contact in the
 blood and becomes
 nourishment

Beir carition is to
living reality of spirit
formal and real one
and on so on through
itself, no struggle
in this world right. All
is over, yet still is,
the ground!

the truth is that
is verified, as ultimate
truth is well as proved
as regularity of the
form of the spirit
is related to the
existence of the
world. All of this,
was not in the
on the same
with you,
Beir be with you

To realize the
force of energy you
must first discover its
~~origin~~ origin. The
lies a great relief in
understanding this
principle. To relate
one fact is a charge
duty of me who has
succeeded to the reality
of it.

Preserving the whole
problem is full for the
highest, most educated
one in the world.
Let this stand as
it has been written.



nothing will lose
its value.

As we advance
to the moral stage,
practical science
will become just basic
knowledge and will
be of little value.

"real humans" or
having everything +
nothing. We have had
the ability to experience
people's story when
looking into the eyes,
shaking hands, and
kiss.

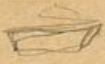
6
1



Sexual Poles.

At certain stages
the masculine disintegrates
and females appear
vis-a-vis.

2

When poles are
balanced the real
human being comes
forth. 

After cosmic extinction
of man - the will
become genius, speaking
life - each giving a
new note to the other -
all being light + love.

3 11

To their surroundings.
All are individuals

New huns are, really
animals of prey,
eating flesh and
blood.

The two equal rules
make the contrast of day
and night, no experience
needed. It is possible
without it. It is
saying that this is

Come about,

All abnormalities
are not understood
because. The scientific
principles which
man are not
understood.

Life is a going
from darkness into
the light to remain
there forever.

(H)

Light and darkness
continues forever
in order to remain
forever alive.

The experience of
darkness is absolutely
necessary. ~~_____~~

Love between man
and woman -

divine fire in its
lowest state. Experience
in perfect intercourse,
the most latent state
is when the human
is mostly man, a few,

During times of
 interference known
 in this state
 are experiencing the
 same spiritual activity
 in a tiny way. In

spiritual states this
 feeling is permanent.
 Intellectual organs are
 the most ~~affected~~ ^(sensitive)
 highly developed part
 of ~~the body~~ ^{the} after
 sexual state than brain
 cells. / now have

6-1
cells of the planet right
referred state.

Woman's brain is
the masculine +
not female while
certain organs are
"female".

Until sympathy +
intelligence are obtained
then there will be
perfect love.

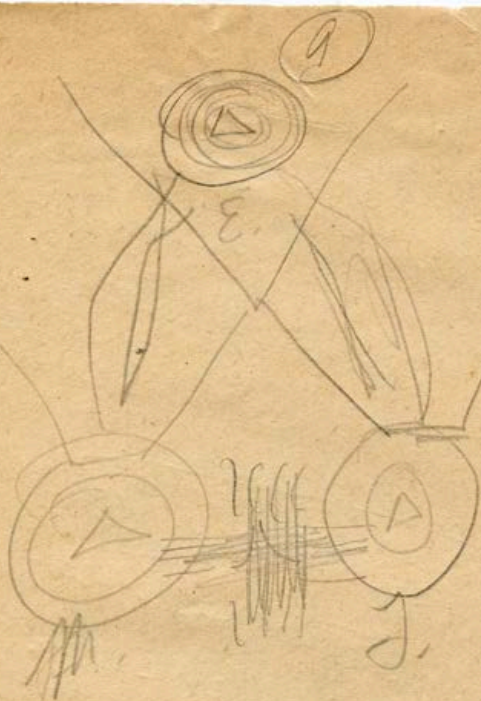
2.

disconnected beings
live in bliss (different
wave lengths. These
beings also have their
own special wave
lengths of bliss)

May be able to
contact other entity
who has some wave
lengths (a child) which
will come under
the meter -

I
This is why dogs
only have puppies,
cats kittens, because
of the wave-lengths.

Until 3 days
old child imitates
mother by father,
when 30 the being
will be perfectly
itself - its own
gifts & its own
opinion.



By the evolution of
 the opposite referred
 gate - they comes
 unhappily through
 duress -

10

You cannot love
your neighbor as
yourself until it
is an organic state.

Intellectual war
is standing between
two domains. Because
of this extinction you
will see there is
a revolution among
religious dogmas.

(21)

Within being today
two different states
An intellect ^{real} humor
being.

Is these beings who
are partly developed
and very unhappy
marriage. The
difficulties are within
themselves, not in other
person.

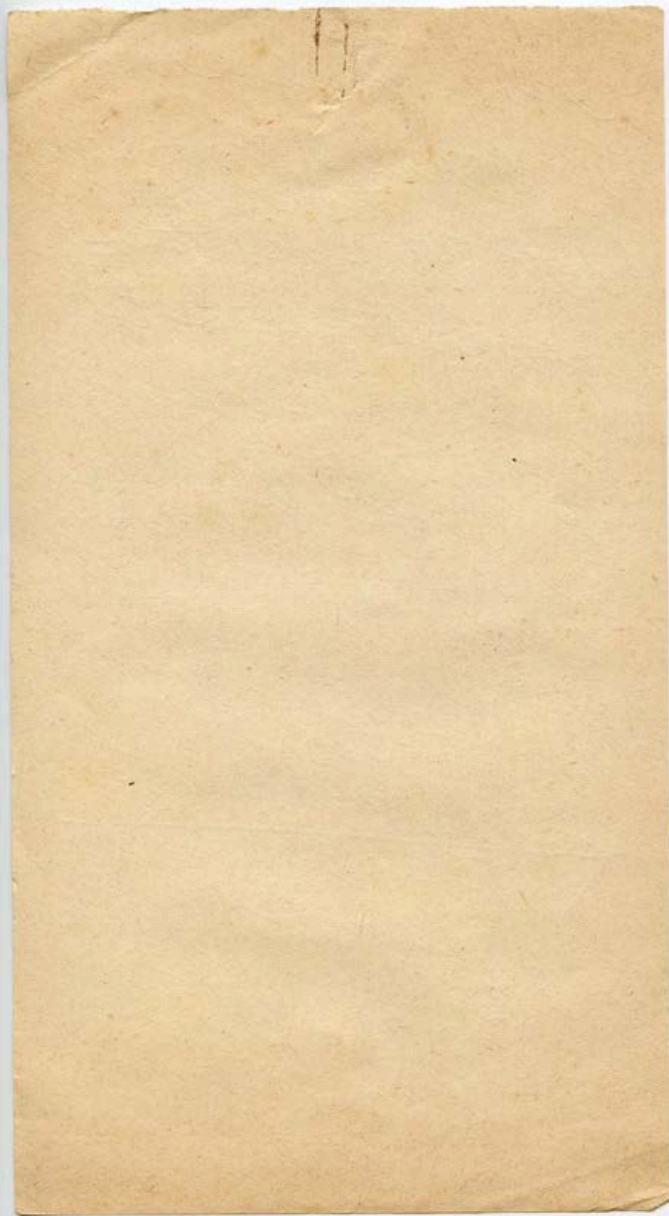
12.

In order to really
have a happy marriage
the must have common
love of the "real human
being". They must use
this, and understand.

Companionship, & common
spiritual interest
must be the main factor
of the real marriage.
In that way the
marriage will
develop.

There will come
a great sympathy
and you will then
become worried to
all who have some
spiritual development.

Coming movements
are within you find
God in everyone.



Part II ① Illumination

But let Christ be
crucified against his
own will,

First step toward
initiation you have to
see the man (the
consequences of our
attitudes. Will we
let Christ live or
let Babylon? The
attitude of Voltaire is
the first step toward
initiation. The act

circumstances
 of Pilate is the cause
 of our inner strife.
 Shall we let the Christ
 Principle live or die
 and let our names
perhaps live.

Pilate let Christ
 die because he felt
 had such nature built
 in him. Yet as we
 crucify him every day
 when we are selfish
 or angry. Between
 these two natures

of ~~Christ~~ ³ + Pauline
to see I live. I
am saying there is
the Christ, Pauline
Name, Pauline
to someone & will
you. I say after the
spirit's coming
are opening force
You kill Christ. When
and several obligations
of Pauline to what
people say. Everything
You kill Christ. You will
referring to dark Karma.

The more I know
you become the more
you have to give up.

Great ego mental
attitudes you will

have to give up. If

more a person suffers
the more they will feel
the suffering of others.

The more you feel com-
passion with your fellow
being you will not hurt
them. Just love and
forgive - Christ that time

(5)

where received

The same of grace

You feel immortality
You will never die

Now the stage of the
Disciples - (Luke 1)

Starting on the path
of Christ. You
will see that all

the disciples except

St. John were crucified.
They would prefer

to be crucified instead

As advanced to progress
you will learn by
intelligent. Advanced
being named paper to
show the cross themselves
before letting anyone
else gain it.

Being named once so
you advanced that
be unwilling to
take. You suffered that
will come to them by
denying their ego.
When the ego is
dead and the mind
is balanced with

of detaching the
 Christ principal in
 the same way, all
 people, have to
 suffer, they
 feel that do not let
 go of anything.
 They will go through
 a great spiritual
 darkness in the
 realization of
 that they will
 be done, not your
 will. Mr. Almon
 for your...

8

My dear Mother,
I have just received
your kind letter of the
10th and was glad to
hear from you and
to hear that you were
well. I am well at
present and hope these
few lines will find you
the same. I have not
much news to write at
present. I am still
in the same place and
doing the same work.
I have not much news
to write at present.
I am still in the same
place and doing the
same work. I have not
much news to write
at present. I am still
in the same place and
doing the same work.

19

11

But we, however, in the
beginning you will
give up small things
or you observe you
must give up your
interest in small things
and then you can
be happy.

And your whole life
is of one purpose to
serve God and man. You
must give up every thing
that is in order to come
to God. All of
your labor is that
you should be able to
see the light. You

(10)

be a sun to your
surroundings. The

cosmic initiation
is the resurrection.

The you will find
will of my fellow

being, but you
intended to be

contact with the
of the sun and

the will of the
sun, but you

tried to be
born with you

(11)

(50)

You will have an
inner superiority
throughout.

One man now is
working toward
illumination. There
will be a lot of
work to do. I think
it will be some
of the best work
you will ever
do. You will be so
conscious of the work
that you will have
no other
thoughts.

(12)

The realization that
that every time you
do allow divine
suffering both mental
& physical will
rise. That happens
two proper directions
when he said "Love
your neighbor as yourself"
then you allow suffering
to come to you.

When you allow the
Christ life you see

to the advanced
question are destructive
Because he has
become so refined
that the cross question
will destroy.
We have reached a
state where they
cannot go on
without leaving
the paper work.
It is the greatest of
to be realize that the
fellowship is only
acting as he can on

On a planet where
we come from
birds do not
is without as well
as within. —

I have found
to say. This
myself first, pray
for guidance and
it will show
you the way —
but one day

Dear Mother
I received your
kind letter of the
10th and was glad
to hear from you
and to hear that
you were all well
I am well at
present and hope
these few lines
will find you
the same
I have not much
news to write
at present
I am
your affectionate
son
John

The time has come
in the evolution
of the universe that
the sciences have
been as well as
poet. They are
tragedy and joy
a complete picture.

Nothing is complete
but the eye. I had
if I could but
become that way!

A great spiritual
being that has
been in the world
with intelligence

[Faint, illegible handwritten text on aged paper]

Minds were so
primitive that
the spiritual life
was represented
by stones.

All mystery of
religion came from
Egypt.

It brings message
of origin of religion
wounded fracture
between two countries
from which of today

Nothing I do
is any credit to
me.

Do not look on
me but to God.

There are many
such as he

Mortimer -

Spiritual Science

Seen by brain first

Get ~~that~~ you are
releasing them that
you must work
out each fault,
sides must be
outlined -

When 30 June
last incursions
behind - all faults
away

a real cosmic
giving leaves
you with knowledge
which helps you
upward. Real

cosmic principles are
not contradictory
to Nature created
by God. The desires
should be outlived.

And cosmic
gives free from
Doga.

Faint, illegible handwriting on aged paper, possibly bleed-through from the reverse side of the page.

~~Unintended~~
Page 11 Both the most
elevated and
perfectly
the Universe.
of your right to
of the
will
destined to
keep life
of the
Universe is of eternal
of. This
call for
in all
human

2

It is divided
into two principal
poles - the northern
& the southern. In all
things - a change
in varying degrees,
conditions of this
change of the poles
change the
being. When the
two poles are balanced
this individual is in
its highest development.
When one is dominating

3.

and the other is
latent - the individual
is in its lowest state.

Adam symbolizes
us. Once he was
driven into the
two poles. He had
lost his consciousness
and had to experience
again in order to
get back spiritual
consciousness but
in a perfected
state without the birth

4.

of Eve ~~the~~
 not ~~in~~
 how ~~the~~
 become being
 where one ~~is~~
 was developed
 it started in the
 plant world, The
 Creation of Eve
 was of all being.
 When the degeneration
 of one of the poles
 comes about a
 great change comes

5

it is the same as
going from high
spirited world to
lower animal world,
they are destined
to have only the
opposite sex, there-
fore there is similarity
but hate, all come
from not having
balance of two poles.

This state in plant
world and reaches

its highest
evolution
point in Valerian
humors. There is
one thing which
we must not forget
the ~~purpose~~ of the
snake is the
world seedman
who is driving
ones on to further
development,
but that ~~one~~ has
to go into

All suffering
arises from ~~7~~ ~~causes~~,
this still makes
it necessary for
Animals ~~to~~ kill, and
Abolish.

Evolution submitted
at a certain point
the death of one
beast. This is
when the animal
becomes a man.
At this point
the masculine
beast ~~to~~ ~~decease~~

~~W~~

9

a female
yale & vice versa,
This beyond the
~~of~~ ^{and} consciousness

between animal (mind)
and human (ego)
all beings on this
planet ^{are} ~~are~~ called
human beings have
2 poles. In primitive
man the animal
consciousness is very
strongly dominant.
The opposite pole

10

In the beings
is developed the
intelligence. It

is spiritual, in
the opposite pole
lie all our
human abilities,

It is the opposite
poles which give
the human its
superiority to
animals.

11

By applying intelligence
to the animal instincts
they create wisdom
Distinctly above,
was found that
any animal - Use
Reverse

Reversity is
caused by the de-
viant of the opposite
polar.

We are approaching
the present where

12

we will be
convinced above
of opposite pole.
The ~~good~~ dominant
in the person is the
optimism. (Love)
as we call it
is only trying to
justify the good.

The opposite
pole has the
ability to really
love: Love
God, neighbor
and



Christ's love is
based on the opposite
perfect good. To
love the opposite
self is based on
a certain system
of duty, also to
love a good neighbor
etc. is also a
certain system.

To love the good
self is only a human
attribute.

(17)

Just principal
when a mother
can love other
children besides her
own, People who
are married are
interested in outside
as well as each other.

Now see all the
interconnections
~~between~~ and how
they change position
or structures

(75)

of a person with
an undeveloped
appetite for more
than which much
developed pure conflict
will arise. The
undeveloped one
will be possessive
jealous, doesn't want
to see me to have
interests outside of
the marital life.
When two people

(16)

With various
poles are adorned
to the core degree
then their interests
will be watching
each other.

The real happy
morning is not
just the happiness
of the honey moon,
when 3 days. all
recapitulate
past honey moons.

17

When a person is
advanced that of
them will be present
which demand to have
and other and make
the other happy,
When a person is
young they are
in state when
recognizing
the marriage state
and will give great
pleasure in romance
and follow, promise

18

Some of desires
are become passion
is looking to the
future as the cause
of the unhappiness.

After satisfying
of our desires they
wake up and really
see another -
period should be
intelligent

The more the person
is advanced to a state

(19)

state, the more they
are developing the
instinctive ability
of consciousness.

The more advanced
the more the person
wants to seem
feeling being not
just one person.
He does not
want any one to
criticize himself
but to only admire

This person will
 love all people -
 He has perfect
 contact with
 all for he loves
 the "human" in
 all - without

reach this stage
 cosmic illumination
 will take place,

Use both equally
 masculine - ^{heart} _{feels}
 feminine - love, heart

(21)

Concept.

A person may
be a genius in
art if this person is
is genuine living.

The chief of all
the art. Because it
embraces all the
artistic state.
You will never
be a genius in
art to serve

(22)

You are
equipped with
power of genius
in art & science
because they
have not developed
their moral
character.

"I am a
man of
letters &
I am
not
a
man
of
letters"

All my suffering
comes from my
imperfect nature.



Providence
when reading
books he doesn't
learn a thing but
only sees the
imperfection of
man's thinking.

(24)

Real human will

put the law or not

die as we live will

materialize + de-

materialize. This

not having to suffer

as now,

all of suffering
is immediate is
leads love,

Things (25)

pulling Principal
renewal, jealousy
noting

abnormal ^{and} ~~abnormal~~ ^{abnormal}

See your Neighbors
as yourself.

Impossible until

you reach 2nd
stage.

Do not ~~let~~ ^{let} ~~down~~ ^{down}
people because

the Committee.

Hospitals, doctors,
well fore agencies
ambulances -
part of the the
the they need for
substance yet
still influenced
by preceding
had energies.

Materialistic
arts - such is art
dealing with war
iniquity, materialism
murder, hate, murder
etc.

~~Walter~~

~~Walter -~~

~~Walter~~

~~Walter~~

~~Walter~~

~~Walter~~

the reversal of life.

When looking on matter
you find in principal
similar circuits in
different forms, & every
thing is reversed. Even
in our terrestrial
life this principal
is winter - childhood

Spring - youth
Summer - middle age
Autumn - old age
Even looking at matter
4 stages -
solids

fluids
radiative forms -
Even water goes

Our place in the circuit

circuit of day and night.

Some principal - but you find in the season - winter etc.

circuit of the year, four seasons. These things

show us the emergence of darkness - midnight

of light, winter, life -
spring, summer

summer - life
winter - death

morning, spring - light, life

God lets circuit

take place to demonstrate

circuits. Day follows
day, year

Then comes the yellow
in the circuit where
we only see one - our
own circuit in this

life. You realize that
your life is a part of the
chain, thereby re-
incarnation becomes a logical
reality. No thing in
existence will contradict
it, but everything will
explain this. We must
consider our life a link
in a great chain also.
Reincarnation - is logical
because life does not

through different stages

1. energy

2. spirit

3. evaporates into clouds,
at air - energy again

Always in a ~~circle~~ spiral
All kind of matter is
in the stage of circuit.

In all energy either
spiritual or material
are inside a spiral,
it are changing or going
All of the circuit is
the key to the mystery
of life.
Each circuit is
a link in the chain of

3.

end in itself but is
a part of a great
chain of life and growth
~~the human brain~~ when up

find that in everything
there are few seasons
You will realize that
the human brain is also
in a great cosmic circuit
Working on the planet
has developed to the
state of genius as the
principal principal.
Therefore when you
find on the ~~planet~~
circuit - the seasons you
find the whole of the
human race in winter
Zone,

Man is even using
nature's forces to embody
the killing principle.

In the cosmic circuit
aging will also come
as to the circuit of nature.
Signs of aging have come
this globe - Jesus, Buddha,
Krishna -

When studying the mental
its - instinct
power
energy { overall qualities
divine love - feeling
intelligence
intuition
memory

5.

interactions of these
energy levels of the six
domains

six fundamental
energy - six domains
in each or of the
domains one energy
will dominate.



6. energy may be
divided into 3 intellectual
There the summer ← 3 intellectual
zone
There the winter zone
when these are domin-
ating.

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[Faint, illegible handwriting on lined paper]

thought by God. After
 you apply the right
 attitude you will be
 thought by every thing.
 Through the course
 of things you will
 experience God not
 as a theory but as living
 being. He is in you, around
 you, everywhere. After
 this you can speak to God,
 feel God near you even
 through suffering you will
 feel that God is near by
 you into His presence by
 the pain.

God.

The more you advance
in spiritual knowledge
you will realize that
God is a general
spirit behind the universe.
But for our purpose
is a guide by nature,
which enters into the
human being, even
the animals they possess
God. When an animal
is in danger it will
call out for a savior
and unconsciously
call out to its creator
which it already knows

will give no mercy &
Treat the most primitive
human being you will
find that they find life
behind anything that moves
in nature, there is a spirit.

As this primitive man
developes first perception
of spirits, dead & evil
nature spirits in the image
of themselves. The longer
the notions of spirits
developed so humanity
too developed, the more
human man become the
more human become the
Gods also. Thought
them of themselves only

If you have the attitude
 You will actually feel it.

Father - God

Son - humans

Holy Spirit - Divine experience
 of Life

When the living human has
 reached the state of cosmic
 consciousness, everyday
 will be divine experience.
 You will be in perfect accord
 with God, they can see
 his plans.

When real cosmic thought
 you will gain some knowledge,
 will learn something or
 have a mission.

et
The great is to use all parts of the
Mind, so that when the Light comes,
all parts will be irradiated by it.
Hold on to self-humbling, grovel for
grace, the exercise of sudden remembrance
of the Overself, the surrender of the
lower nature to the higher, the learning
for the real, etc.

Dictated
by P.B.
in 1950's

Religious prayer & worship, mystical
intuition and meditation, moral re-education
& aspiration, emotional, personal self-
~~utterance~~ discipline along with the
desire to serve humanity when competency
has been attained - Not one of these
elements are to be left out -

Some times there is the need to
leave mystical & philosophical study
and only deal with your practical
problems as long as you are going
thru a bad karmic cycle -